Who we are
Seven counties working together to understand, respond to and heal trauma.

What we know
Adversity in childhood impacts health across a lifespan. Exposure to violence, loss, poverty and trauma increases chances of learning disorders, heart disease, and early death among other poor health outcomes. This is a national health crisis. We are the regional response.

Trauma-Informed Principles
- Understanding Trauma & Stress
- Safety & Stability
- Compassion & Dependability
- Cultural Humility & Responsiveness
- Collaboration & Empowerment
- Resilience & Recovery

Our Focus
Identify and develop trauma-informed resources to increase our understanding of trauma for our workforce and communities.

The center aligns policies and practices across county lines and sectors, putting our people before our systems.

Visit us on-line at www.t2bayarea.org