

## Systemic Racism and Disparities: Strategies for Accountability with Processes for Repair in Training and Clinical Practice

### Matthew R. Mock, Ph.D.

is Professor of Counseling Psychology with the College of Graduate and Professional studies at John F. Kennedy University (Pleasant Hill, Berkeley, and San Jose). He has also had a longstanding private clinical and consulting practice with a specialty in diversity, cultural competence and social justice. Dr. Mock received his Bachelor of Arts degree in psychology from Brown University and his Doctorate and Masters degrees in clinical and consulting psychology from the CA School of Professional Psychology (CSPP). He served as the statewide Director of the Center for Multicultural Development with the CA Institute for Mental Health in Sacramento, CA. Just prior to this, he was Director of the Family, Youth, Children's and Multicultural Services for the City of Berkeley Mental Health Division where he was practicing for over 20 years. He was also Director of the Cross Cultural Program, and Professor of Psychology with the Graduate School of Professional Psychology at John F. Kennedy University (JFKU) focusing on diverse children and families. He has published extensively in the areas of multiculturalism, diverse families, trauma, and social justice.

### Target Audience:

Santa Clara County Behavioral Health Services staff and contracted agencies.

### COURSE DESCRIPTION:

This workshop will address how systemic racism has contributed significantly to disparities in health and mental health for BIPOC communities. These historical inequities in mental health can also be seen in educational institutions. Current and future education as well as treatment strategies committed to social justice, equity, diversity and inclusion will be provided.

### COURSE OBJECTIVES:

#### Participants will:

- 1) Identify sources of systemic racism in current context
- 2) Describe ways in which racism is evident within social and service systems
- 3) Understand ways in which racial traumas, past and present, contribute to stress and inequities
- 4) Examine ways in which psychology and mental health education has contributed to inequities and social injustices
- 5) Discuss ways in which psychological practices can contribute to greater equity, understanding and movements for social and relational justice
- 6) Demonstrate and summarize ways in which cultural competence as well as cultural humility, along with accountability of the practitioner can contribute to mental wellness while also nurturing the self-of-the-therapist.

\*\*\* The Santa Clara County Behavioral Health Services Department (SCCBHSD) is approved by the CA Association of Marriage and Family Therapist (CAMFT) to sponsor continuing education for Santa Clara County LMFTs, LCSWs, LPCCs, and/or LEPs. SCCBHSD maintains responsibility for the program/course and its content. This course meets the qualifications for 3 hours of continuing education credit for LMFTs, LCSWs, LPCCs and/or LEPs, as required by the CA Board of Behavioral Sciences (BBS). CAMFT is the BBS recognized approved agency-Provider # 131775. SCCBHSD also is approved by CA Consortium of Addiction Programs and Professionals (CCAPP). Lunch and scheduled breaks during the training do not count towards CEU credit.

- ◇ Contact Learning Partnership if you need accommodations for one of our training at LPTraining@hhs.sccgov.org.
- ◇ Do You Have a Grievance? Contact Learning Partnership at LPTraining@hhs.sccgov.org.
- ◇ You can download/print your own CEU Certificate online at sccLearn 3-5 weeks after the training date.
- ◇ Our Trainings are free. Register online at sccLearn.
- ◇ Zoom link and handout will be emailed to the registrants 1 day before the training.

**FOR CEU Requesters: WebCam participation is required. Post test will be available immediately after the training and open for only 30 min. Participants must pass the post test with 80% and higher to receive CEU credits. No retake.**

**Registration Deadline is 2 business day prior to the training.  
No walk-in/add-on. (Please do not share the zoom link).**

**May 20, 2022  
1:00 PM - 4:30 PM**

**ZOOM**

**WebCam Participation is required for CEU**