

RELATIONAL INTERVENTION FROM THEORY TO PRACTICE

Mary Claire Heffron Ph.D. is a clinical psychologist with an extensive history in the field of infant and early childhood development and mental health. She trained at the Infant Parent Program at UCSF department of psychiatry and has worked at infant mental health and development settings in the SF Bay area including UCSF Benioff Children's Hospital Oakland where she directed the Harris Early Childhood Mental Health Training Program, the Fussy Baby Program, a clinical internship program, and the programs extensive local and national consultation and training activities. In 2019-20 Dr. Heffron was a Fulbright Scholar at Babes Bolyai University in Romania. Currently Dr. Heffron facilitates a community-based training program in Monterey County, participates in the Fussy Baby training network, and The Reflective Supervision Collaborative. Dr. Heffron has co-authored a widely used reference book and a video series on reflective supervision, and many articles on relational health and intervention.

Dr. Heffron is a Zero to Three Graduate Fellow, a founding member of the California Association for Infant Mental Health, and a member of the Harris Professional Development Network.



May 12, 2022
9 AM - 4 PM
ZOOM

Description:

This course is designed to explore and practice a set of organizing theories and frameworks that form the basis for infant and early childhood mental health intervention approaches. The presenter will illustrate these theories with examples, key language and frameworks from different models, video examples, and small group learning activities.

Learning Objectives:

After completing this course participants will be able to:

- The participants will practice 4 techniques that support providers' self-awareness and regulation.
- Participants will learn 3 basic therapeutic techniques related to reflective function and capacity and will practice these approaches using vignettes and their own case material.
- Participants will be able to describe at least three different behaviors in infancy and early childhood that are often seen as problematic for parents and providers and apply a relational approach to assessment and treatment.

County of Santa Clara Behavioral Health Services Department (CSC BHSD) is approved by the CA Association of Marriage and Family Therapist to sponsor continuing education for Santa Clara County LMFTs, LCSWs, LPCCs, and/or LEPs. CSC BHSD maintains responsibility for this program/course and its content. This course meets the qualifications for 5.5 hours of continuing education for LMFTs, LCSWs, LPCCs, and/or LEPs, as required by the CA Board of Behavioral Sciences. The CA Association of Marriage and Family Therapist is the BBS recognized approval agency-Provider # 131775. Lunch and scheduled breaks during the training do not count towards CEU credit.

Post test will be available immediately after the training and open for only 30 min. Participants must pass the post test with 80% and higher and participate fully on WEBCAM to receive CEU credits.

- ◇ Please contact Learning Partnership, if you need accommodations for one of our trainings at LPTrainig@hhs.sccgov.org.
- ◇ You can download/print your own CEU Certificates online at sccLearn 2-4 weeks after the training date.
- ◇ Do you have a Grievance? Please contact Learning Partnership at LPTrainig@hhs.sccgov.org.
- ◇ Our Trainings are free. Register online at sccLearn.
- ◇ **PowerPoint/Handouts and zoom link will be emailed to the registrants 1 business day before the training.**
- ◇ **Registration closes 48 hours before the training. Space is limited. No Add-Ons/Walk-Ins.**

Target Audience: Santa Clara County Behavioral Health Services staff and contracted agencies.

WebCam Participation Required for CEUs