

# Reflective Practice Part II

**Completion of Reflective Practice Part I is a Prerequisite. Must be on WebCam.**

## Course Description:

This training is designed for providers responsible for or moving into the role of providing reflective supervision, consultation, or facilitating with groups and/or individuals of all disciplines. The workshop focuses on neurobiological concepts, competencies, ethical concerns, skills, and goals related to supporting other providers in their reflective work. The skills needed to establish the "safe space" for reflection will be highlighted along with models to support quality reflection for transforming practice. This program will build on each participant's current skills, past experience, and personal journey in examining and expanding their own work with clients of all ages, and in supporting others to do the same.

## Course Objectives:

As a result of this training, Participants will be able to:

1. Cite the basics of Reflective Practice and Reflective Supervision/Facilitation: core concepts, ways to reflect, and principles underlying reflection as a professional development process;
2. Participate in an experiential encounter with the Reflective Process;
3. Identify the methods and strategies for building reflective capacities;
4. Comment on the process of reflection "on action" and reflection "in action" described by Schon;
5. Discuss the complexity and depth of making meaning, responding and reacting;
6. State an understanding of the implications of culture in all interactions, including those of mentors, mentees and clients;
7. Cite the ethical and legal implications of facilitating the reflective process;
8. Explain the role of reflective supervision or facilitation in developing and advancing the workforce serving adults, children, and families;
9. Describe the parallel process of reflective supervision/facilitation and client care;
10. Describe the centrality of relationships in the human service field; and,
11. Have the necessary reflective practice facilitation didactic training required as one component to be endorsed in California as a Reflective Practice Facilitator.

**Dr. Kristie Brandt** is Director of the Parent-Infant & Child Institute in Napa, CA and an Assistant Clinical Professor of Pediatrics VF at U.C. Davis School of Medicine. She is a Child Trauma Academy Teaching Fellow with Dr. Bruce Perry in Houston, TX and faculty with the Brazelton Institute at Children's Hospital, Boston where she provides training in the Newborn Behavioral Assessment Scale. With Dr. Ed Tronick, Director of the Child Development Unit of Boston Children's Hospital, she co-developed and now directs the University of Massachusetts Boston Infant-Parent Mental Health Post-Graduate Certificate Program in Napa, CA, a national award winning 15-month training program for professionals.

\*\*\* The Santa Clara County Behavioral Health Services Department (SCCBHSD) is approved by the CA Association of Marriage and Family Therapist (CAMFT) to sponsor continuing education for Santa Clara County LMFTs, LCSWs, LPCCs, and/or LEPs. SCCBHSD maintains responsibility for the program/course and its content. This course meets the qualifications for **5.5 hours** of continuing education credit for LMFTs, LCSWs, LPCCs and/or LEPs, as required by the CA Board of Behavioral Sciences (BBS). CAMFT is the BBS recognized approval agency-Provider # 131775. SCCBHSD also is approved by CA Consortium of Addiction Programs and Professionals (CCAPP) and CA Association for Alcohol/Drug Educators (CAADE) and the Board of Registered Nursing (BRN) to provide CEUs. Lunch and scheduled breaks during the training do not count towards CEU credit.

**Post test will be available immediately after the training and open for only 30 min. Participants must pass the post test with 80% and higher to receive CEU credits.**

- ◇ Contact Learning Partnership if you need accommodations for one of our training at [LPTraining@hhs.sccgov.org](mailto:LPTraining@hhs.sccgov.org).
- ◇ Do You Have a Grievance? Contact Learning Partnership at [LPTraining@hhs.sccgov.org](mailto:LPTraining@hhs.sccgov.org).
- ◇ You can download/print your own CEU Certificate online at [sccLearn](https://sccLearn.org) 3-5 weeks after the training date.
- ◇ **Our Trainings are free. Register on line at sccLearn**
- ◇ Handout & Zoom ID/link will be emailed to registrants 1 day before the training.

**Space is limited. Registration Deadline is 48 hours before the training. No walk-in/add-on.**  
**Target Audience:** Santa Clara County Behavioral Health Services staff and contracted agencies.

**March 4, 2022**  
**9:00 am - 4:00 pm**

**WebCam Participation is required for this training.**  
**You will be dismissed if no camera.**  
Use **GoogleChrome** if you have trouble with zoom link.