

# National Alliance on Mental Illness Provider Education Course

## DESCRIPTION:

This five-week course was designed for line staff at public agencies working directly with individuals with severe and persistent brain disorders. This course will provide a clinical picture of collaborative secondary intervention strategies (pragmatic, concrete, practical steps) which staff can use in practice. This workshop is held for five (5) consecutive weeks, for 3 hours per session. The curriculum format is composed of short lectures, followed by discussion of the teaching points. Weekly class and homework handouts are compiled into a Course Notebook for future reference.

## OBJECTIVES: Participants will:

- Demonstrate an understanding of consumer/family culture and the lived trauma experience
- Identify how to respond effectively to consumers and families
- Discuss inside experience of mental illness with emotional adjustments and coping strategies
- Develop a bio-psychosocial model of collaborative treatment

**\*\*\*Santa Clara County Behavioral Health Services Department (SCCBHSD) is approved by the CA Association of Marriage and Family Therapist (CAMFT) to sponsor continuing education for Santa Clara County LMFTs, LCSWs, LPCCs, and/or LEPs. SCCBHSD maintains responsibility for this program/course and its content. This course meets the qualifications for 15 hours of continuing education for LMFTs, LCSWs, LPCCs and/or LEPs, as required by the CA Board of Behavioral Sciences (BBS). CAMFT is the BBS recognized approval agency-Provider #131775. SCCBHSD also is approved by CA Consortium of Addiction Programs and Professionals (CCAPP). Lunch and scheduled breaks during the training do not count toward CEU credit.**

**Post test will be available immediately after the training and open for only 30 min. Participants must pass the post test with 80% and higher and participate fully on webcam to receive CEU credits.**

\*\*\*Please contact Learning Partnership, if you need accommodations for one of our trainings at [LPTrain-ing@hhs.sccgov.org](mailto:LPTrain-ing@hhs.sccgov.org).

\*\*\*You now can download/print your own CEU Certificates online at [sccLearn](http://sccLearn) 3-5 weeks after the training date.

\*\*\*Do you have a Grievance? Please contact Learning Partnership at [LPTrain-ing@hhs.sccgov.org](mailto:LPTrain-ing@hhs.sccgov.org).

\*\*\*Our Trainings are free. Register online at [sccLearn](http://sccLearn).

\*\*\***PowerPoint/Handouts and zoom link will be emailed to the registrants 1 business day before the training.**

\*\*\***Webcam Participation is required for CEUs.**

**Registration closes 48 hours before the training. Space is limited. No Add-Ons/Walk-Ins.**

**Target Audience:** Santa Clara County Behavioral Health Services staff and contracted agencies.

**Amy Williams, LCSW** works at Hope Services, Counseling Center in San Jose, CA with adults and children with developmental disabilities. Prior to that, she worked for Community Solutions in Morgan Hill, CA with families, children, and adults as a therapist. She attended San Jose State University and received a BA in Behavioral Sciences with a double major in Psychology as well as a Master of Social Work degree. Amy has taught the NAMI provider course for over 4 years

**Alexia Worsham** moved to Santa Clara County in the late 1990s after earning a Master's Degree in Health Services Administration. She retired in 2015 from the Santa Clara Valley Health & Hospital System where she worked as a health care program analyst and manager for several departments: Alcohol & Drug Services, Mental Health, Information Services, and the PACE (Partners in AIDS Care & Education) Clinic. She held the position of Deputy Director at NAMI-Santa Clara County from 2017-2019, and she continues to work part-time for NAMI as a teacher and speaker. Alexia speaks about her lived experience as a family member from two perspectives – as the child of a parent with a diagnosed mental illness, and as the parent of a child with a mental health condition.

**May 27  
June 3, 10, 17, and 24, 2022  
(Every Friday) 9am to 12pm**

**Zoom Training**