

Values and Ethics of Wellness Facilitation

BJ North works as a consultant to build bridges across uncommon grounds such as those from businesses to community, individuals to community resources, and agencies to consumers. She has been able to assist various community agencies to service better those they work with by helping people to hear and speak to one another in the spirit of mutual respect. She uses a common foundation for her approach in teaching this, the use of language from cultural perspectives and working with individuals' self-knowledge.

Matthew Federici is the Executive Director for the Copeland Center for Wellness and Recovery. Matthew specializes in trainings to create wellness and community inclusion-oriented systems and to advance the peer support workforce including the implementation of the evidence-based practice of co-facilitated Wellness Recovery Action Plan®. Matthew is a Certified Advanced Level WRAP Facilitator and is a Certified Psychiatric Rehabilitation Practitioner. He received his B.A. from Alvernia University in Psychology and Communications and M.S. in Rehabilitation Counseling from Rutgers University (UMDNJ). Matthew developed and oversees the Doors to Wellbeing Program, a National Consumer Training and Technical Assistance Center.

Lala Doost is from the beautiful Bay Area in California. Lala has gained many years of experience working with non-profit, peer-run or peer-focused agencies and County departments in California, and other states, that are focused on providing support and resources to community members wanting to enhance their wellness. Lala continues to collaborate with agencies to provide workshops that promote the exploration of approaches to stay well in various environments, including at work. Lala enjoys exploring new techniques, ideas and connections in wellness and being able to share it with others.

**Monday, March 14, 2022,
Wednesday, March 16, 2022
and
Wednesday, March 23, 2021
9:00 A.M. – 12:00 P.M.
Registration starts at 8:50 A.M.**

Description

This training in a highly interactive online course that meets for three 3-hour sessions. Participants in this course will facilitate through presentations, group discussions, and take away assignments to explore core values and ethics in building relationships that sustain and enhance wellness despite any life adversity of disability.

Learning Objectives

Through this seminar participants will:

- Apply Values and Ethics to support relationship building within a group
- Understand Wellness Facilitation as a facilitator of interactive participation
- Create connections that build relationships within a group process

No Add-Ons / Walk-Ins

LP Trainings are free. Register Online at <http://scclearn.sccgov.org>

*** Zoom ID/link and Slides/Handouts will be emailed to registrants 1 business day before the training date.

*** CEU credit is NOT offered for this training.

*** Do you need accommodations? Please contact Learning Partnership at LPTrainig@hhs.sccgov.org.

*** If you Have any questions or needs support, please contact Learning Partnership at

LPTraining@hhs.sccgov.org.

Target Audience: County of Santa Clara Behavioral Health Services staff and contracted agencies.