

Trauma-Informed Systems (TIS) 101

Juliana Van Meter, Ally has spent the course of her career seeking to improve the lives and experiences of children and families who are touched by the Child Welfare System. Over the last 17 years she has worked in Child Welfare direct services, team facilitation, supervision, training, program implementation, and system alignment efforts. Juliana is working with Behavioral Health Services as the Trauma Transformed and Reflective Practice Manager. You can find her in her spare time learning how to paddle board, enjoying the healing elements of nature and resting at the lake with her partner and two kids.

LaKendra Hardwick has a Masters in Public Health (MPH) and works for SCC Public Health Dept. in the Black Infant Health program. She assists in planning and executing prenatal and postpartum education programs to address sensitive, controversial health issues in underrepresented communities.

ZOOM

**March 16, 2022
8:30 pm - 12:30 pm**

Description:

This 4 hour training was developed for staff working in impacted systems of care, with the goal of moving those systems from being trauma-inducing to become healing organizations. The training focuses on our six trauma-informed principles:

1. Understanding Trauma and Stress
2. Cultural Humility and Equity
3. Safety and Stability
4. Compassion and Dependability
5. Collaboration and Empowerment
6. Resilience and recovery

By creating a shared understanding and language to address stress and trauma, organizations are then better able to serve consumers and support the workforce and begin to move away from blame towards compassion.

Learning Objectives:

Understand

- The effect of trauma on our brains and bodies
- The effect of trauma on our lives and in the lives of those we serve
- The Principles of trauma-informed systems

Learn

- Strategies to develop organizational resilience and trauma-informed responses in workplace relationships
- About the impact of organizational trauma on individuals & organizational functioning

Apply

- The principles of trauma-informed systems to ourselves and workplace relationships

*** Santa Clara County Behavioral Health Services Department (SCCBHSD) is approved by the CA Association of Marriage and Family Therapist to sponsor continuing education for Santa Clara County LMFTs, LCSWs, LPCCs, and/or LEPs. SCCBHSD maintains responsibility for this program/course and its content. This course meets the qualifications for 3.5 hours of continuing education for LMFTs, LCSWs, LPCCs, and/or LEPs, as required by the CA Board of Behavioral Sciences. The CA Association of Marriage and Family Therapist is the BBS recognized approval agency-Provider # 131775. SCCBHSD also is approved by CA Consortium of Addiction Programs and Professionals (CCAPP) and CA Association for Alcohol/Drug Educators (CAADE) and the Board of Registered Nursing to provide CEUs. Lunch and scheduled breaks during the training do not count towards CEU credit.

Post test will be available immediately after the training and open for only 30 min. Participants must pass the post test with 80% and higher and participate fully on webcam to receive CEU credits.

***Please contact Learning Partnership, if you need accommodations for one of our trainings at LPTrainig@hhs.sccgov.org.

***You now can download/print your own CEU Certificates online at [sccLearn](https://sccLearn.com) 3-5 weeks after the training date.

***Do you have a Grievance? Please contact Learning Partnership at LPTrainig@hhs.sccgov.org.

***Our Trainings are free. Register online at [sccLearn](https://sccLearn.com).

*****PowerPoint/Handouts and zoom link will be emailed to the registrants 1 business day before the training.**

*****Webcam Participation is required for CEUs.**

Registration closes 48 hours before the trainig. Space is limited. No Add-Ons/Walk-Ins.

Target Audience: Santa Clara County Behavioral Health Services staff and contracted agencies.