

Trauma-Informed Systems (TIS) 101

Virtual Training on Zoom

October 19, 2023
1:00pm - 5:00pm

Michelle Hauck, LCSW works for Santa Clara County Behavioral Health Department as a Program Manager supervising the Dually Involved Youth and Cross-System Transformation Team programs. She has extensive experience working with children, youth and families involved in Child Welfare, Juvenile Justice and Behavioral Health services and promoting collaboration across system partners. She is passionate about embedding trauma healing strategies within direct service, to those providing services, and throughout the larger organization.

Juliana Van Meter has spent the course of her career seeking to improve the lives and experiences of children and families who are touched by the Child Welfare System. Over the last 17 years she has worked in Child Welfare direct services, team facilitation, supervision, training, program implementation, and system alignment efforts. Juliana is working with Behavioral Health Services as the Trauma Transformed and Reflective Practice Manager. You can find her in her spare time learning how to paddle board, enjoying the healing elements of nature, & resting at the lake with her partner and 2 kids.

Description:

This 4 hour training was developed for staff working in impacted systems of care, with the goal of moving those systems from being trauma-inducing to become healing organizations. The training focuses on our six trauma-informed principles:

1. Understanding Trauma and Stress
2. Cultural Humility and Equity
3. Safety and Stability
4. Compassion and Dependability
5. Collaboration and Empowerment
6. Resilience and recovery

By creating a shared understanding and language to address stress and trauma, organizations are then better able to serve consumers and support the workforce and begin to move away from blame towards compassion.

Learning Objectives:

- **Identify the effects of trauma and toxic stress on brain and bodies**
- **List the 6 principles of Trauma Informed Systems**
- **Explain how trauma and toxic stress impacts our relationships**
- **Name 2 practices that cultivate gratitude**
- **Integrate strategies to build individual and organizational resilience and trauma-informed responses in workplace relationships**

County of Santa Clara's Behavioral Health Services Department (CSCBHSB) is approved by the CA Association of Marriage and Family Therapist (CAMFT) to sponsor continuing education for the County of Santa Clara's LMFTs, LCSWs, LPCCs, and/or LEPs. CSCBHSB maintains responsibility for this program/course and its content. This course meets the qualifications for **3.5 hours of continuing education credit** for LMFTs, LCSWs, LPCCs, and/or LEPs, as required by the CA Board of Behavioral Sciences (BBS). CAMFT is the BBS recognized approval agency-Provider #131775. CSCBHSB is approved by California Consortium of Addiction Programs and Professionals - Educational Institute (CCAPP-EI), Provider Number 4S-95-305-0425 for 3.5 CEHs. Lunch and scheduled breaks during the training do not count toward continuing education credits.

Our Trainings are FREE!

Register at <http://scclearn.sccgov.org>

- Target Audience: County of Santa Clara's Behavioral Health Services and Contract Provider staff.
- Registration and cancellation close at 9am two business days prior to training. You will be recorded as a No-Show in sccLearn if you don't attend and did not cancel the training.
- PowerPoint/Handouts and zoom link will be emailed to the registrants 2 business days before the training. Please print your own copy for the training.
- Webcam Participation is required for CEs
- Post test will be available immediately after the training and open for 30 minutes. Participants must pass the post test with 80% and higher and participate fully on webcam to receive CE credits.
- CE Certificates will be available to download in sccLearn 2-3 weeks after the training date.
- If you have questions, need accommodations, or have a grievance, please contact LPTraining@hhs.sccgov.org or (408) 792-3900.