

Internal Representations and Interactions among Children and Caregivers: **Relationships, Developmental Disruptions, and Pathways for Growth**

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April 14, 2022
9 AM - 4 PM
ZOOM

**WebCam Participation is
REQUIRED for CEUs**

Description:

This one-day course is organized around a set of core perspectives to organize interventions with infants/children and their families: a relational/representational/developmental approach. We begin with the basic idea that the effectiveness of all interventions depends on the quality of the relationships between the providers and the family. The moment-to-moment flow of these relationships are very complex: Relationships within each family are already elaborate and often very painful—especially between infants and their parents. Parents' ways of experiencing and interacting with their children reflect their own experiences as children, especially following childhood trauma; the present carries the past forward, into future generations. These patterns can disrupt potentials for infant and child development. Since therapists and other professionals are also seen through the lens of the past, we are often placed in emotionally difficult and painful positions that reflect the family's torturous history. Cultural and bureaucratic forces are also very evocative, and deeply affect our work. This workshop will explore how we can best work through these complexities at both micro-analytic and macro-analytic levels, including how to use our own feelings, tolerate everyday strains, and embrace complexity. Video and case examples and participant interaction will be integrated with lectures.

Learning Objectives:

At the conclusion of this workshop, participants will be able to:

- List 2 specific dimensions of an infant-parent interaction that you can observe.
- List 3 common emotional responses to working with infants and families that you have experienced.
- Describe 2 examples of an influential event from a parent's past that is influencing how they are experiencing and treating their infant, and how you have come to think that.

County of Santa Clara Behavioral Health Services Department (CSC BHSD) is approved by the CA Association of Marriage and Family Therapist to sponsor continuing education for Santa Clara County LMFTs, LCSWs, LPCCs, and/or LEPs. CSC BHSD maintains responsibility for this program/course and its content. This course meets the qualifications for 5.5 hours of continuing education for LMFTs, LCSWs, LPCCs, and/or LEPs, as required by the CA Board of Behavioral Sciences. The CA Association of Marriage and Family Therapist is the BBS recognized approval agency-Provider # 131775. CSC BHSD also is approved by CA Consortium of Addiction Programs and Professionals (CCAPP) and CA Association for Alcohol/Drug Educators (CAADE) and the Board of Registered Nursing to provide CEUs. Lunch and scheduled breaks during the training do not count towards CEU credit.

Post test will be available immediately after the training and open for only 30 min. Participants must pass the post test with 80% and higher and participate fully on webcam to receive CEU credits.

- ◇ Please contact Learning Partnership, if you need accommodations for one of our trainings at LPTraing@hhs.sccgov.org.
- ◇ You can download/print your own CEU Certificates online at sccLearn 3-5 weeks after the training date.
- ◇ Do you have a Grievance? Please contact Learning Partnership at LPTraing@hhs.sccgov.org.
- ◇ Our Trainings are free. Register online at sccLearn.
- ◇ **Zoom link will be emailed to the registrants 1 business day before the training.**
- ◇ **Registration closes 48 hours before the training. Space is limited. No Add-Ons/Walk-Ins.**

Target Audience: Santa Clara County Behavioral Health Services staff and contracted agencies.