

BHSD Learning Partnership Presents:

## Integrated Trauma Informed Care and Co-Occurring Disorder Treatment

*(This training is required for the Capable-Level of the Co-Occurring Certification Program)*

### Course Description:

As Integrated Behavioral Health professionals we are faced with the impact of trauma on those we treat every day. The impact of trauma can be both triggering and stressful for the clinicians providing care, and current brain research can lead us to potentially more optimistic and pragmatic interventions, starting with an increase in our own self-care! We will incorporate discussion, lecture, video and interactions.

### Learning Objectives

Participants will be able to:

- Distinguish Complex Trauma as the interconnectedness between exposure to certain forms of traumatic experiences, including familial, historical and racial trauma, and the multifaceted and evolving consequences of these experiences.
- Identify three emotional and physiological impacts of Psychological Maltreatment, including long term epigenetic shifts over generations and resiliency evident over time.
- Evaluate three trauma-connected assessments, Top Down and Bottom-Up approaches to healing, and differentiate between Secondary trauma, vicarious trauma, and compassion fatigue.

**Target Audience:** County of Santa Clara's Behavioral Health Services and Contract Provider staff

County of Santa Clara's Behavioral Health Service Department (CSCBHSD) is approved by the CA Association of Marriage and Family Therapist (CAMFT) to sponsor continuing education for the County of Santa Clara's LMFTs, LCSWs, LPCCs, and/or LEPs. CSCBHSD maintains responsibility for this program/course and its content. This course meets the qualifications for 6.0 hours of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs, as required by the CA Board of Behavioral Sciences (BBS). CAMFT is the BBS recognized approval agency - Provider # 131775. CSCBHSD is approved by California Consortium of Addiction Programs and Professionals - Educational Institute (CCAPP-EI), Provider Number 4S-95-305-0425 for 6.0 CEHs. Lunch and scheduled breaks during the training do not count toward continuing education credit.

If you have questions, need accommodations, or have a grievance, please contact [LPTraining@hhs.sccgov.org](mailto:LPTraining@hhs.sccgov.org) or (408) 792-3900

CE Certificates will be available to download in sccLearn 2-3 weeks after the training date

### Our Trainings are Free!

Register online at  
<http://scclearn.sccgov.org>

Registration and cancellation close at 9am two business days prior to training. You will be recorded as a No-Show if sccLearn if you don't attend and did not cancel the training.

### THOMAS HERENA, MA MFT

With over 6 years of direct service to the underserved population in the Bay Area Thomas does not shy away from people who need help the most. After working with adult individuals who had severe mental illness, substance abuse issues and years of trauma Thomas has continued to make it a mission to provide the best level of care to those who need it most. He is currently working with teens providing school-based therapy at a local middle school there is no population he is not willing to working with. Thomas has spent years devoting time to teens with eating disorders, body dysmorphia, and even self-harming behaviors. The last couple of years Thomas has been an adjunct faculty at SJCC teaching in the re-entry program, in jails, and this fall will be teaching at juvenile hall. Thomas is excited and is passionate to bring healing, teach from a place of experience and provide the best level of care in all fronts!

October 18, 2023  
9:00 am - 4:30 pm

Learning Partnership  
1075 E. Santa Clara St., 2nd floor,  
San Jose, CA 95116