

# Consensual Non-Monogamous Affirming Mental Health Practice

## DESCRIPTION OF TRAINING

The purpose of this training is to examine a diversity of evidence-based approaches to conduct effective practice with consensually non-monogamous (CNM)-identified clients of all genders and sexual orientations. The training will include models, applications and interventions applicable to a wide variety of training situations in which social justice and multiculturalism are central. The Handbook of CNM-Affirming Mental Health practice will guide this training in various learning domains, including ethics, relationship building, addressing issues in competence and development, and intervention. Participants will also have the opportunity to discuss important topics such as intersectionality, cultural humility, and sex-positivity as a foundational practice in multicultural supervision.

## Theo Burnes



**Theo Burnes** (he/him) is a licensed psychologist and a licensed professional clinical counselor in California. He is the co-editor of the Handbook of Consensual Non-Monogamy Affirming Mental Health Practice. He is a professor of clinical education at the University of Southern California (USC)'s Marriage and Family Therapy program, and has a small private practice where he provides individual and relationship therapy.

Wednesday  
October 25th

9:00am - 12:15pm  
via zoom

Our Trainings are Free!

Register at  
<http://scclearn.sccgov.org>

Registration and cancellation close at 9am two working days prior to training. You will be recorded as a No-Show in sccLearn if you don't attend and did not cancel the training.

## 3 CEs Offered

Audience: County of Santa Clara's Behavioral Health Services staff and contracted agencies.

## LEARNING OBJECTIVES:

1. By the end of the training, attendees should be able to identify two new pieces of language that they can use in their work with CNM-identified client.
2. By the end of the training, attendees should be able to identify and implement one intervention that they can use in their work with CNM client.
3. By the end of the training, attendees should be able to identify three concrete learning goals that they have for themselves in their continuing development as clinicians.

County of Santa Clara's Behavioral Health Services Department (CSCBHSD) is approved by the CA Association of Marriage and Family Therapist (CAMFT) to sponsor continuing education for the County of Santa Clara's LMFTs, LCSWs, LPCCs, and/or LEPs. CSCBHSD maintains responsibility for this program/course and its content. This course meets the qualifications for 5.5 hours of continuing education for LMFTs, LCSWs, LPCCs, and/or LEPs, as required by the CA Board of Behavioral Sciences (BBS). CAMFT is the BBS recognized approval agency-Provider # 131775. CSCBHSD also is approved by California Consortium of Addiction Programs and Professionals - Educational Institute (CCAPP-EI), Provider Number 4S-95-305-0425 for 5.5 CEHs. Lunch and regular breaks during the training do not count toward continuing education credits.

If you have questions, need accommodations, or have a grievance, please contact [LPTraining@hhs.sccgov.org](mailto:LPTraining@hhs.sccgov.org) or (408) 792-3900  
CE Certificates will be available to download in sccLearn 2-3 weeks after the training date.