

## Support Groups for Co-Occurring Disorders

(This training is required for the Informed-Level of the Co-Occurring Certification Program)

### Course Description:

Group therapy is both the most exciting and most challenging approach to treatment with Integrated Behavioral Health population. Adult learners in various stages of change and cognitive availability requires facilitators to be flexible, have a sense of humor, and stay focused on the purpose and wisdom of the group process. We will incorporate discussion, lecture, video, and interactions, so we will be requesting cameras on!

### Learning Objectives:

1. Identify three assumptions of group development
2. Classify five stages of group development: forming, storming, norming, performing and adjourning.
3. Explain the difference between process and psychoeducation groups
4. Specify five challenges in group facilitation: handling being under-the-influence, manually based modules (seeking safety), differences in populations, managing counter-transference with co-occurring population.

### CE Statement:

County of Santa Clara's Behavioral Health Services Department (CSCBHSD) is approved by the CA Association of Marriage and Family Therapist (CAMFT) to sponsor continuing education for the County of Santa Clara's LMFTs, LCSWs, LPCCs, and/or LEPs. CSCBHSD maintains responsibility for this program/course and its content. This course meets the qualifications for 3 hours of continuing education credit for LMFTs, LCSWs, LPCCs, and/or LEPs, as required by the CA Board of Behavioral Sciences (BBS). CAMFT is the BBS recognized approval agency-Provider # 131775. CSCBHSD is approved by California Consortium of Addiction Programs and Professionals - Educational Institute (CCAPP-EI), Provider Number 4S-95-305-0425 for 3 CEHs. Lunch and scheduled breaks during the training do not count towards continuing education credits.

### Registration & Cancellation Information

Registration and cancellation close at 9am two working days prior to training. You will be recorded as a No-Show in scLearn if you don't attend and did not cancel the training.

**Our Trainings are FREE! Register at: <http://sclearn.sccgov.org/>**

**Accommodation & Grievance Information:** If you have questions, need accommodations, or have a grievance, please contact [LPTtraining@hhs.sccgov.org](mailto:LPTtraining@hhs.sccgov.org)

**Target Audience:** County of Santa Clara's Behavioral Health Services and Contract Provider staff.

Jamee Leichtle is a Licensed Professional Clinical Counselor. Her approach to treatment is Trauma-Informed, Person-Centered and Strengths-Based. Her specialties include providing care to individuals experiencing PTSD, C-PTSD, other trauma-related disorders, traumatic loss, substance abuse, anxiety and stress. Jamee has experience working with children, adolescents, adults, couples, families and groups of all ages. One of Jamee's strengths is her ability to deeply appreciate and genuinely connect with individuals from diverse backgrounds, cultures and beliefs systems. Jamee has experience teaching about complex trauma, co-occurring disorders, ethics, DBT skills, relapse prevention and anger management. Jamee finds joy in spending quality time with loved ones/dogs, beach days, discovering new places, teaching, learning, dancing, laughing and playing all kinds of sports.

- PowerPoint presentation and zoom link will be emailed to training registrants 2 business days before the training.
- Handouts can be found at [www.sccbhsd.org/training](http://www.sccbhsd.org/training)
- Post test will be available immediately after the training and open for only 30 minutes. Participants must pass the post test with 80% and higher to receive continuing education credits.
- CE Certificates will be available to download in scLearn 2-3 weeks after the training date.

**Monday, October 23, 2023**

**1:00 to 4:00 pm**

**Virtual Training - ZOOM**