

BHSD Learning Partnership Presents:

Wellness Recovery Action Plan (WRAP) Overview 3-Day Seminar 1

(This training is required for the Informed-Level of the Co-Occurring Certification Program)

COURSE DESCRIPTION:

This three (3) day course is open to anyone who wants to increase their understanding of WRAP and mental health recovery concepts and skills. After this course you will have a personal understanding of how WRAP works. You will also see the benefits of having this as a tool for those who receive services, supporters, providers, family members and the community at large. This powerful wellness tool helps those who use it focus on wellness and wholeness instead of illness and sickness. This is a 3-day course. When you register for this training, you are making a commitment to attend all 3 days.

LEARNING OBJECTIVES:

Through participation in this training people will be able to:

- Identify at least 1 personal definition of each of the key concepts
- Identify at least 3 wellness tools
- List 3 things to do every day to support their wellness
- Identify at least 1 additional wellness topic

County of Santa Clara's Behavioral Health Service Department (CSCBHSD) is approved by the CA Association of Marriage and Family Therapist (CAMFT) to sponsor continuing education for the County of Santa Clara's LMFTs, LCSWs, LPCCs, and/or LEPs. CSCBHSD maintains responsibility for this program/course and its content. This course meets the qualifications for **18 hours of continuing education** credit for LMFTs, LCSWs, LPCCs, and/or LEPs, as required by the CA Board of Behavioral Sciences (BBS). CAMFT is the BBS recognized approval agency - Provider #131775. CSCBHSD is approved by California Consortium of Addiction Programs and Professionals - Educational Institute (CCAPP-EI), Provider Number 4S-95-305-0425 for **18 CEHs**. Lunch and scheduled breaks during the training do not count toward continuing education credit.

- If you have questions, need accommodations, or have a grievance, please contact **LPTraining@hhs.sccgov.org**
- Registration and cancellation close at 9am two working days prior to training. You will be recorded as a No-Show in sccLearn if you don't attend and did not cancel the training.
- CE Certificates will be available to download in sccLearn 2-3 weeks after the training date.

Target Audience: County of Santa Clara's Behavioral Health Services and Contract Provider staff

Melody Hames is a Mental Health Peer Support Worker with Behavioral Health Services in the Cultural Communities Wellness Program. She has over a decade of facilitation/trainer experience. She holds a Bachelor of Science degree in business administration and an Associate of Science degree in Early Childhood Education. Melody is a certified trainer of TIS 101, Mental Health First Aid, QPR and an advance level Facilitator for the Wellness and Recovery Action Plan. She is also a Client Culture trainer. As the team lead for the African Heritage community, Melody is an advocate, connects community members to appropriate behavioral health services, is a presenter and speaker, offers workshops and other community events. She has dedicated herself to encouraging, uplifting, and supporting others. "Because of my life's experiences, values, and beliefs, I will do my best to always do my best – to be, give and create beautiful melody."

Learning Partnership Trainings are FREE!

Register online at <http://scclearn.sccgov.org>



December 1, 4, and 5, 2023
9:00 am - 4:30 pm
Registration starts at 8:45 am

In-Person Training
Learning Partnership
1075 E. Santa Clara St. 2nd floor,
San Jose, CA 95116