

Learning Partnership Presents:

SOLUTION FOCUSED BRIEF THERAPY

COURSE DESCRIPTION

This training will provide all the basic information about Solution-Focused Brief Therapy (SFBT) as well as give specific examples throughout the day regarding how this approach works with mental health disorders, including chronic disorders that require psychotropic medications. The “hows and whys” of the approach will be explained including the application to diverse populations, various cultures, all age ranges, and all genders. The focus of this training will be on gaining the knowledge through discussions and other didactic methods, on seeing the approach in action through demonstrations, and on learning through practice exercises.

LEARNING OBJECTIVES

Upon completion of this course:

1. When justifying their clinical approach, professionals will be able to identify three unique aspects of the solution-focused mind set and differentiate it from problem-focused models according to the eight key SF principles.
2. When asked, the professional will be able to accurately explain why SFBT is effective with a variety of acute and chronic mental health problems based on current evidenced-based research.
3. When developing clinical interventions, attendees will be able to identify five concrete SFBT tools that would be most effective in their work setting based upon each individual client’s needs.

TRAINING INFORMATION

Register online at <http://scclearn.sccgov.org>

Accommodation or Grievance

If you have questions, need accommodations, or have a grievance, please contact LPTraining@hhs.sccgov.org.

Continuing Education (CE) Certificates

CE Certificates are available to download in sccLearn 2-3 weeks after the training date.

Registration & Cancellation

Registration and cancellation close 2 working days prior to training date at 9:00 am. Please note that if you can't make a training and don't cancel you will be marked as a No-Show in sccLearn.

Handouts

Handouts will be emailed to registered participants before the training.



13 CE Credits

DATE: DECEMBER 6 & 7, 2023

TIME: 8:30 AM - 4:30 PM

IN-PERSON TRAINING

1075 E. Santa Clara St.

2nd floor, San Jose 95116

TRAININGS ARE FREE!!

Target Audience: Behavioral Health Services Staff and Contract Provider Staff



TERI PICHOT
LCSW, LAC, MAC

Teri Pichot has thirty years of experience working with some of the most challenging clients including those who struggle with substance misuse, chronic mental illness, and domestic violence. She studied Solution-Focused Brief Therapy under the founders, Insoo Kim Berg and Steve de Shazer, and their way of working continues to have a strong influence in her professional life. She is an internationally recognized trainer and consultant in Solution-Focused Brief Therapy. She is the founder and sole employee of the Denver Center for Solution-Focused Brief Therapy, and she provides inspiring and educational trainings and workshops to professionals around the world in how to master this evidenced-based approach with some of the most difficult clientele.

Continuing Education Information

County of Santa Clara Behavioral Health Services Department (CSCBHS) is approved by the CA Association of Marriage and Family Therapist (CAMFT) to sponsor continuing education for Santa Clara County LMFTs, LCSWs, LPCCs, and/or LEPs. CSCBHS maintains responsibility for the program/course and its content. This course meets the qualifications for 13 hours of continuing education credit for LMFTs, LCSWs, LPCCs and/or LEPs, as required by the CA Board of Behavioral Sciences (BBS). CAMFT is the BBS recognized approved agency Provider # 131775. CSCBHS is approved by California Consortium of Addiction Programs and Professionals - Educational Institute (CCAPP-EI) Provider number 45-95-305-0425 for 13 CEHs. Lunch and scheduled breaks during the training do not count towards continuing education credit.

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