

## S.A.F.E.: THE ROLE OF SPIRITUALITY IN RECOVERY



### IN-PERSON TRAINING

**DATE:** December 11, 2023

**TIME:** 9:00 AM - 4:30 PM

#### LOCATION:

LEARNING PARTNERSHIP  
1075 E. SANTA CLARA ST.  
2ND FLOOR, SAN JOSE

6.0 CE Credits

### TRAININGS ARE FREE!

**Target Audience:** County of Santa Clara's Behavioral Health Services and Contract Provider Staff

#### DR GLORIA MORROW

Dr. Gloria Morrow, the CEO of GM Psychological Services and Director of Behavioral Health for Unicare Community Health Center, is one of the nation's leading clinical psychologists. Dr. Gloria also serves as a Diversity, Equity, and Inclusion Consultant and a Lead Trainer for the CBMCS (California Brief Multicultural Competency Scale) Training Program, which focuses on a training curriculum she helped to develop. Dr. Gloria also facilitates a wide range of trainings relevant to cultural humility and cultural competency. She serves as a consultant for The King Center in Atlanta, Georgia, where Dr. Bernice King serves as the CEO. Dr. Gloria's work surrounding the role of Spirituality in recovery has gained notoriety with the development of a three-day training and handbook entitled S.A.F.E. (Spirituality and Faith Empowers) to equip the faith community and mental health professionals to help hurting people.

#### Continuing Education Information

County of Santa Clara's Behavioral Health Services Department (CSCBHSD) is approved by the CA Association of Marriage and Family Therapist (CAMFT) to sponsor continuing education for County of Santa Clara's LMFTs, LCSWs, LPCCs, and/or LEPs. CSCBHSD maintains responsibility for this program/course and its content. This course meets the qualifications for **6.0 hours** of continuing education credit for LMFTs, LCSWs, LPCCs and/or LEPs, as required by the CA Board of Behavioral Sciences (BBS). CAMFT is the BBS recognized approved agency-Provider #131775. CSCBHSD is approved by California Consortium of Addiction Programs and Professionals - Educational Institute (CCAPP-EI) Provider number 4S-95-305-0425 for **6.0 CEHs**. Lunch and scheduled breaks during the training do not count towards continuing education credit.

### COURSE DESCRIPTION

It is well documented that spirituality is a cultural fact that must be considered when providing mental health services to diverse communities. For example, many BIPOC families rely heavily on their faith to help them through difficult times, as well as mental health challenges. Mental health providers are sometimes ill prepared to incorporate spirituality into their treatment of these unique community. Further, faith leaders are not always comfortable with validating and encouraging their congregations to seek help from professional mental health professionals outside the church. The educational goal of this training is to help to close the gap between mental health providers and faith leaders, in order to build a bridge that will empower diverse families to become mentally, physical, and spirituality whole.

#### CLAS Standard

Principal Standard: 1. Provide effective, equitable, understandable, and respectful quality care and services that are responsive to diverse cultural health beliefs and practices, preferred languages, health literacy, and other communication needs

### LEARNING OBJECTIVES

Upon completion of the course, participants are expected to be able to:

1. Explain three (3) benefits of including spirituality and faith when treating diverse ethnic/racial/cultural families.
2. Identify and eliminate at least three (3) barriers that prevent providers from including spirituality and faith in the delivery of mental health services.
3. Evaluate three (3) culturally responsive strategies for assessing and including spirituality in mental health services.
4. Identify and eliminate at least three (3) barriers that prevent the faith community from collaborating with mental health professionals when necessary.

### TRAINING INFORMATION

Register online at <http://scclearn.sccgov.org>

#### Accommodation or Grievance

If you have questions, need accommodations, or have a grievance, please contact [LPTraining@hhs.sccgov.org](mailto:LPTraining@hhs.sccgov.org).

#### Continuing Education (CE) Certificates

CE Certificates will be available to download in sccLearn 2-3 weeks after the training date.

#### Registration & Cancellation

Registration and cancellation close at 9am two working days prior to training. You will be recorded as a No-Show in sccLearn if you don't attend and did not cancel the training.