

*Learning Partnership Presents:*

## ADVANCED SOLUTION FOCUSED BRIEF THERAPY

Pre-requisite: "Solution-Focused Brief Therapy Basics (2-day)" training. This training will count toward the certificate.

### COURSE DESCRIPTION

This training is designed for those who have already completed the 2-day Solution-Focused Brief Therapy Basics class, have been practicing on their own, and now want more in order to fine tune their work with clients. In this unique class, the instructor works with the learners to help them identify what is currently working in their practice of Solution-Focused Brief Therapy and helps them to identify areas of growth they would like to address. These targeted areas of growth form the agenda for the class. This class is designed to be taken multiple times in a "practice lab" fashion. This section will have a specific emphasis on using Solution-Focused Brief Therapy with Co-Occurring Disorders.

### LEARNING OBJECTIVES

Upon completion of this course:

1. When justifying their clinical approach, professionals will be able to identify the necessary modifications needed to fine-tune their SFBT interventions with the most challenging presenting issues.
2. When asked, the professional will be able to accurately state why SFBT is effective with a variety of acute and chronic mental health problems based on current evidenced-based research.
3. When developing clinical interventions, attendees will be able to identify the three distinct sections of an SFBT session and state how to use these most effectively in their work setting based upon each individual client's needs

### TRAINING INFORMATION

Register online at <http://scclearn.sccgov.org>

#### Accommodation or Grievance

If you have questions, need accommodations, or have a grievance, please contact [LPTraining@hhs.sccgov.org](mailto:LPTraining@hhs.sccgov.org).

#### Continuing Education (CE) Certificates

CE Certificates will be available to download in sccLearn 2-3 weeks after the training date.

#### Registration & Cancellation

Registration and cancellation close 2 working days prior to training date at 9:00 am. Please note that if you can't make a training and don't cancel you will be marked as a No-Show in sccLearn.

#### Handouts

Handouts will be emailed to registered participants before the training.



6.5 CE Credits

DATE: DECEMBER 8, 2023

TIME: 8:30 AM - 4:30 PM

**IN-PERSON TRAINING**

**1075 E. Santa Clara St.  
2nd floor, San Jose 95116**

**TRAININGS ARE FREE!!**

**Target Audience:** Behavioral Health Services Staff and Contract Provider Staff



**TERI PICHOT**  
LCSW, LAC, MAC

Teri Pichot has thirty years of experience working with some of the most challenging clients including those who struggle with substance misuse, chronic mental illness, and domestic violence. She studied Solution-Focused Brief Therapy under the founders, Insoo Kim Berg and Steve de Shazer, and their way of working continues to have a strong influence in her professional life. She is an internationally recognized trainer and consultant in Solution-Focused Brief Therapy. She is the founder and sole employee of the Denver Center for Solution-Focused Brief Therapy, and she provides inspiring and educational trainings and workshops to professionals around the world in how to master this evidenced-based approach with some of the most difficult clientele.

#### Continuing Education Information

County of Santa Clara Behavioral Health Services Department (CSCBHS) is approved by the CA Association of Marriage and Family Therapist (CAMFT) to sponsor continuing education for Santa Clara County LMFTs, LCSWs, LPCCs, and/or LEPs. CSCBHS maintains responsibility for the program/course and its content. This course meets the qualifications for 6.5 hours of continuing education credit for LMFTs, LCSWs, LPCCs and/or LEPs, as required by the CA Board of Behavioral Sciences (BBS). CAMFT is the BBS recognized approved agency Provider # 131775. CSCBHS is approved by California Consortium of Addiction Programs and Professionals - Educational Institute (CCAPP-EI) Provider number 45-95-305-0425 for 6.5 CEHs. Lunch and scheduled breaks during the training do not count towards continuing education credit.

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