

BHSD Learning Partnership Presents:

## **Cultural Differences: Connecting Through Our Differences**

### **COURSE DESCRIPTION:**

This training is a highly interactive online course that meets for three 3-hour sessions. Participants in this course will be facilitated through presentation, group discussions, and take away assignments to discover and explore how we can value and benefit from connections based on our cultural differences. Participants will learn and utilize guiding principles for connecting through discovery of our own cultural influences and its difference in relationship to others. We will experience through a co-facilitated group dynamic and personal sharing the discovery of diversity as a source of growth and strength. In this workshop we ask that participants who attend have on their cameras and be ready to share with others their cultural perspectives. What supports this course to be effective is that we all share and learn from others.

### **Course Objectives:**

1. Participants will learn at least 1 new technique of how to share their cultural influence that they personally connect to.
2. Participants will learn at least 2 guiding principles to use while connecting through differences.
3. Participants will learn at least 1 new aspect of a different culture that was not known previously.
4. Participants will learn at least 1 new guiding principle that is used as part of a different cultural experience.

**Target Audience:** Santa Clara County Behavioral Health Services staff and contract agencies

**\*\*\*Santa Clara County Behavioral Health Service Department (SCCBHSD) is approved by the CA Association of Marriage and Family Therapist (CAMFT) to sponsor continuing education for Santa Clara County LMFTs, LCSWs, LPCCs, and/or LEPs. SCCBHSD maintains responsibility for this program/course and its content. This course meets the qualifications for 7.5 hours of continuing education for LMFTs, LCSWs, LPCCs, and/or LEPs, as required by the CA Board of Behavioral Sciences (BBS). CAMFT is the BBS recognized approval agency- Provider # 131775. SCCBHSD also is approved by CA Consortium of Addiction Programs and Professionals (CCAPP) and CA Association for Alcohol/Drug Educators (CAADE) and the Board of Registered Nursing (BRN) to provide CEUS. Lunch and scheduled breaks during the training do not count toward CEU credit.**

**Please contact Learning Partnership if you need accommodations for one of our trainings at 408-792-3900.**

**BJ North** works as a consultant to build bridges across uncommon grounds such as those from businesses to community, individuals to community resources, and agencies to consumers. She has been able to assist various community agencies to service better those they work with by helping people to hear and speak to one another in the spirit of mutual respect. She uses a common foundation for her approach in teaching this, the use of language from cultural perspectives and working with individuals' self-knowledge.

**Matthew Federici** is the Executive Director for the Copeland Center for Wellness and Recovery. Matthew specializes in trainings to create wellness and community inclusion-oriented systems and to advance the peer support workforce including the implementation of the evidence-based practice of co-facilitated Wellness Recovery Action Plan®. Matthew is a Certified Advanced Level WRAP Facilitator and is a Certified Psychiatric Rehabilitation Practitioner. He received his B.A. from Alvernia University in Psychology and Communications and M.S. in Rehabilitation Counseling from Rutgers University (UMDNJ). Matthew developed and oversees the Doors to Wellbeing Program, a National Consumer Training and Technical Assistance Center.

**Lala Doost** is from the beautiful Bay Area in California. Lala has gained many years of experience working with non-profit, peer-run or peer-focused agencies and County departments in California, and other states, that are focused on providing support and resources to community members wanting to enhance their wellness. Lala continues to collaborate with agencies to provide workshops that promote the exploration of approaches to stay well in various environments, including at work. Lala enjoys exploring new techniques, ideas and connections in wellness and being able to share it with others.

**Our Trainings are free-Register online at [sccLearn](#)**

**April 11, 25 & 27, 2022  
9:00 am - 12:00 pm**



**VIA ZOOM  
Learning Partnership  
1075 E. Santa Clara St. 2nd floor,  
San Jose, CA 95116**