

Building the Beloved Community Through Cultural Humility



Dr. Gloria Morrow, the CEO of GM Psychological Services and Director of Behavioral Health for Unicare Community Health Center, is one of the nation's leading clinical psychologists. Dr. Gloria also serves as a Diversity, Equity, and Inclusion Consultant and a Lead Trainer for the CBMCS (California Brief Multicultural Competency Scale) Training Program, which focuses on a training curriculum she helped to develop. Dr. Gloria also facilitates a wide range of trainings relevant to cultural humility and cultural competency. She serves as a consultant for The King Center in Atlanta, Georgia, where Dr. Bernice King serves as the CEO. Dr. Gloria's work surrounding the role of Spirituality in recovery has gained notoriety with the development of a three-day training and handbook entitled S.A.F.E. (Spirituality and Faith Empowers) to equip the faith community and mental health professionals to help hurting people. She is also known for her extensive leadership and team building trainings. Dr. Gloria is a sought-after keynote speaker and workshop facilitator for conferences and retreats, who discusses mental health and life skills topics by Integrating psychology and spiritual principles for women and men. Dr. Gloria has appeared as a frequent guest on CNN and has also appeared on MSNBC, NBC4, and Fox11 news and a variety of radio shows, including Stevie Wonder's KJLH. Dr. Gloria has authored several books, such as *"Too Broken to Be Fixed? A Spiritual Guide to Inner Healing," "The Things That Make Men Cry," "Keeping it Real! 7 Steps Towards a Healthier You"*, to name a few, and she recently wrote and published two eBooks, entitled *"Unleash the Secret Weapons to Your Success,"* and *"COVID-19 Maintaining Positive Emotions During Tough Times"*.

Target Audience: County of Santa Clara's Behavioral Health Services and contract provider staff

This training fulfills your requirement for Cultural Competency training

August 7, 2023

9:00 am-4:00 pm

In-Person

**Scottish Rite Center
2455 Masonic Dr.,
San Jose, CA 95125**

Description:

Society continues to be significantly impacted by four major pandemics, COVID-19, economic distress, political chaos, and racial injustice. Taken together these pandemics have the potential to negatively impact the mind, body, and spirit of those who are most vulnerable, especially African American clients (sometimes referred to as BIPOC, Black Indigenous People of Color). Racial trauma alone can have deleterious effects, especially for those who may be victims of other forms of trauma. African Americans can sometimes be re-traumatized by systems they must interact with and by those who provide services and resources in those systems. This workshop will introduce the integration of two powerful concepts, "Building the Beloved Community" and "Cultural Humility" as a strategy for preparing the environment for providing culturally responsive services and helping African American clients to heal from racism related trauma. Service providers are often exposed to secondary trauma when working with African American clients who have experienced racial trauma.

CLAS Standard

Principal Standard: 1. Provide effective, equitable, understandable, and respectful quality care and services that are responsive to diverse cultural health beliefs and practices, preferred languages, health literacy, and other communication needs

Learning Objectives: Participants will:

- Identify at least three (3) ways that racism related trauma impacts the mental, physical, and spiritual well-being of African American clients.
- List at least three (3) principles of the Beloved Community through Cultural Humility, and its rationale for effectively meeting the mental health needs of the African American community.
- Identify at least three (3) strategies for Building the Beloved Community through Cultural Humility in the clinical setting.
- List three (3) ways service providers can assist African American clients to heal from racism related trauma.

County of Santa Clara's Behavioral Health Services Department (CSCBHSD) is approved by the CA Association of Marriage and Family Therapist (CAMFT) to sponsor continuing education for the County of Santa Clara's LMFTs, LCSWs, LPCCs, and /or LEPs. CSCBHSD maintains responsibility for this program/course and its content. This course meets the qualifications for 6 hours of continuing education credit for LMFTs, LCSWs, LPCCs, and /or LEPs, as required by the CA Board of Behavioral Sciences (BBS). CAMFT is the BBS recognized approval agency-Provider # 131775. CSCBHSD is approved by California Consortium of Addiction Programs and Professionals - Educational Institute (CCAPP-EI), Provider Number 4S-95-305-0425 for 6CEHs. Lunch and regular breaks during the training do not count toward continuing education credits.

***Our Trainings are free! Register at: <http://sccLearn.sccgov.org>

***Registration and cancellation close at 9am two business days prior to training. You will be recorded as a No-Show in sccLearn if you don't attend and did not cancel the training. Handouts and zoom link will be emailed to the registrants 2 business days before the training. Please print your own copy for the training.

*** If you have questions, need accommodations, or have a grievance, please contact Learning Partnership at LPTtraining@hhs.sccgov.org or (408) 792-3900.

***CE Certificates will be available to download in sccLearn 2-3 weeks after the training date.