

## BEHAVIORAL HEALTH DOCUMENTATION TRAINING FOR SPECIALTY MENTAL HEALTH SERVICES

**Nguyet Anh Ly** is a Licensed Marriage and Family Therapist. She is also a Certified MBTI® Personality Instrument, Psychotherapy Hypnosis, and Trauma Focused Cognitive Behavioral Therapy. She graduated from Hayward State University in 1995 with a Bachelor Degree in psychology, and Santa Clara University with Master Degree in 1998. As well, she graduated with a Doctorate Degree, Ed.D. in Counseling Psychology in 2011 from the American School of Professional Psychology, Argosy University. Her research was completed with a focus on studying of the correlational variables between personality characteristics and defense mechanisms. Career-wide, she has been in the mental health field for about 24 years, including her clinical work in Dual Diagnosis in San Joaquin County, non-profit agencies, and school setting. In 2014, she joined into SCC-BHSD Quality Assurance Dept., and also worked Out of Class as Quality Assurance Manager in her clinical roles of chart auditing, documentation of Specialty Mental Health Services, Grievance, Appeal, State Fair Hearing, etc.

**Emily Esparza, LCSW** holds a Master of Science degree from Columbia University School of Social Work. She has 18 years' experience providing direct clinical care to individuals, families and children involved with the child welfare, criminal justice, and mental health systems. She has worked as a DFCS Social Worker, Program Coordinator and Clinician. Her diverse career endeavors include serving the communities of South-Central Los Angeles, New York City, San Francisco, Oakland, and Santa Clara County. She has a passion and talent in engaging and providing clinical care to severely traumatized children, youth and adults i.e. commercially sexually exploited children/TAY, immigrant, refugee and LGBTQ populations. Emily joined SCBHSD in 2013. Prior to her current position as Quality Improvement Coordinator, Emily was Lead, Psychiatric Social Worker at Central Wellness and Benefit Center.

**Maëlise Blossé, LMFT** is a Licensed Marriage and Family Therapist with over 10 years of experience in the Mental Health Field providing direct clinical services to individuals in Santa Clara, San Mateo and Santa Cruz County. She has worked as a Crisis Line responder, Program Manager, Program Coordinator and Clinician. Prior to becoming a Quality Improvement Coordinator, Maëlise provided direct service work in school based settings responding to daily crisis, as well as working with youth and adults involved in the criminal justice system with co-occurring disorders in residential and outpatient settings.

### COURSE DESCRIPTION:

This is a basic course in and general overview of Medi-Cal documentation. The content focuses on the California Department of Health Care Services' (DHCS) and Santa Clara County Behavioral Health Services Department's (BHSD) clinical record documentation standards for outpatient services. This training will focus on the documentation standards for assessments, treatment plans and progress notes. Facilitators and participants will also re-visit specific mental health services, discuss what constitutes medical necessity, go over the definition of non reimbursable services, and take another look at lockouts. Last but definitely not least, we will address compliance items through the eyes of a reviewer.

### LEARNING OBJECTIVES:

Participants will:

- Identify the timelines for assessments, treatment plans and billings
- Identify the different types of Billing and Service Activities describe the differences between the various types and subtypes of Mental Health Services
- Identify timeline and signature requirements for treatment plan.

\*\*\* Santa Clara County Behavioral Health Services Department (SCCBHSD) is approved by the CA Association of Marriage and Family Therapist to sponsor continuing education for Santa Clara County LMFTs, LCSWs, LPCCs, and/or LEPs. SCCBHSD maintains responsibility for this program/course and its content. This course meets the qualifications for 2.5 hours of continuing education for LMFTs, LCSWs, LPCCs, and/or LEPs, as required by the CA Board of Behavioral Sciences. The CA Association of Marriage and Family Therapist is the BBS recognized approval agency-Provider # 131775. SCCBHSD also is approved by CA Consortium of Addiction Programs and Professionals (CCAPP) and CA Association for Alcohol/Drug Educators (CAADE) and the Board of Registered Nursing to provide CEUs. Lunch and scheduled breaks during the training do not count towards CEU credit.

**Post test will be available immediately after the training and open for only 30 min. Participants must pass the post test with 80% and higher to receive CEU credits.**

\*\*\*Please contact Learning Partnership, if you need accommodations for one of our trainings at LPTraining@hhs.sccgov.org.

\*\*\*You now can download/print your own CEU Certificates online at sccLearn 3-5 weeks after the training date.

\*\*\*Do you have a Grievance? Please contact Learning Partnership at LPTraining@hhs.sccgov.org.

\*\*\***Zoom link and PowerPoint/Handouts will be emailed to the registrants 1 business day before the training.**

\*\*\*Target Audience: Santa Clara County Behavioral Health Services staff and contracted agencies.

\*\*\*Our Trainings are free. Register online at sccLearn.

\*\*\*Registration deadline is 2 days before the training. No add ons/walk-ins. Please do not share zoom link with others.

April 11, 2022

May 9, 2022

-or-

June 12, 2022

9:00 am-12:00 pm

**ZOOM**

**WebCam Participation is required for CEU.**