

PERSON-CENTERED, FAMILY-DRIVEN TRANSFORMATIONAL CARE PLANNING (TCP)

What is TCP?

TCP is a service planning model which builds on the principles of inclusion, hope, wellness, resiliency, and recovery. It is collaborative process between an Individual/family and his/her service provider(s).

Why do we need TCP?

Person-centered/family driven service planning is an integral strategy for helping consumers and families achieve their life goals. It is organized around the consumer's/family's own needs . It integrates specific mental health services and supports to help people achieve goals. Mental Health Service Act (MHSA) is a systemic response to develop and sustain this process.

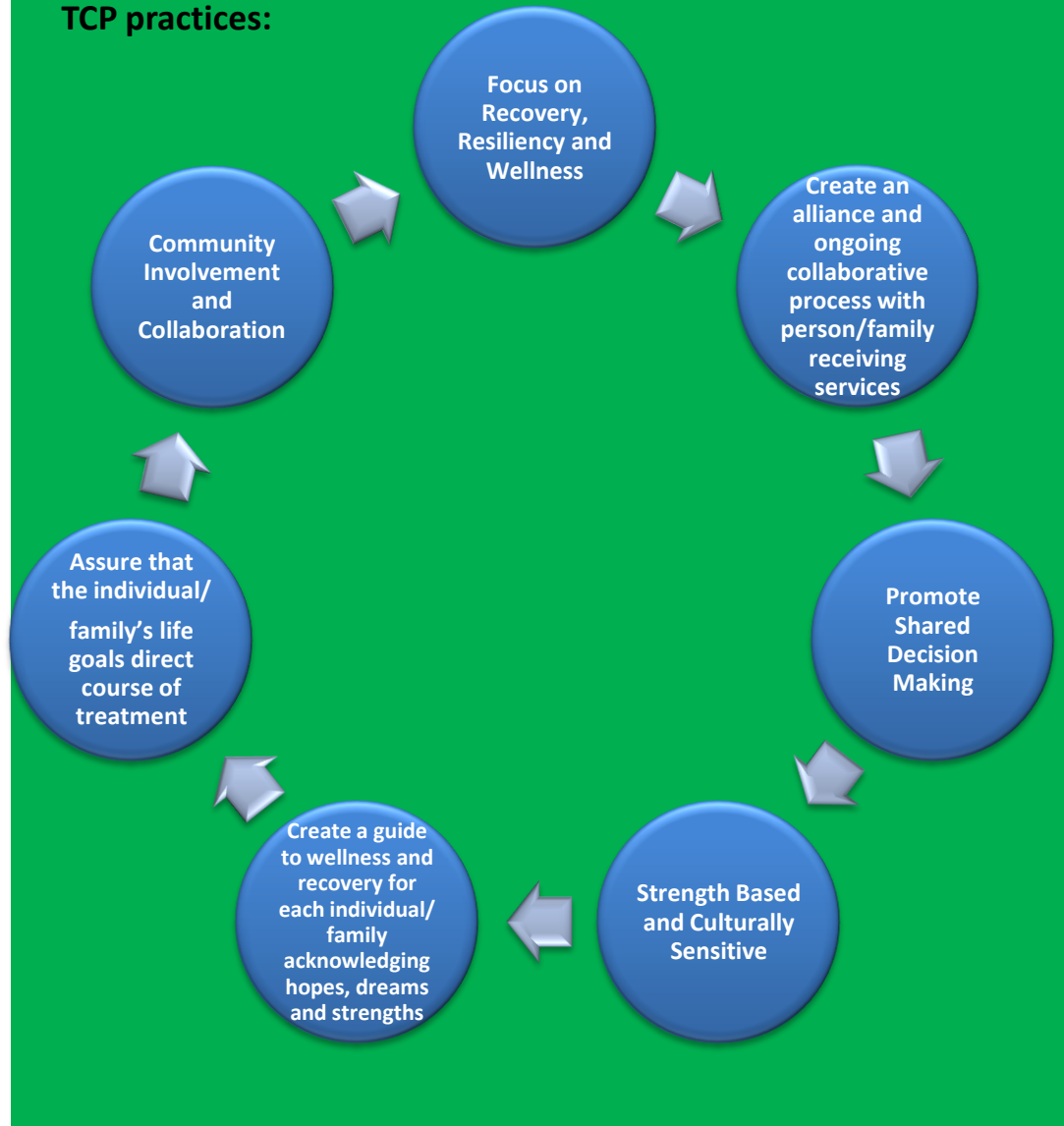
How will TCP be implemented in our County?

TCP will be implemented in our county in phases. A Training Program has been developed to address different areas: trainers, coaches, supervisors and staff. Staff are in the process of receiving training and implementing TCP. Operational Support; QI Support; Quality Improvement and Fidelity to the model are ongoing issues to be addressed.

What is different about TCP?

- 1) Emphasizes collaboration between person/family and practitioner
- 2) Connects the person's story to the obstacles, short term goals, & action steps
- 3) Emphasizes natural supports
- 4) Improved connection between practice and documentation
- 5) The treatment plan becomes a *living document*

TCP practices:



Adopted from the document:

"Transformational Care Planning in California,
A short Implementation Overview"