

Date Reviewed: 6-10-14

DADS Director: 

## POLICY

The Department of Alcohol and Drug Services (DADS), the Adult and Youth Systems of Care (ASOC & YSOC) provides-outpatient services to adolescents and adults through Drug Medi-Cal (DMC) with no Share of Cost (SOC). Youth up to 21 years of age receive benefits on their parents Full Scope Medi-Cal for treatment services. This policy describes Medi-Cal reimbursement services for Outpatient Drug Free (ODF), Perinatal services, Intensive Outpatient Treatment (IOP) and Narcotic Treatment Program (NTP).

## PROCEDURE

### **All Outpatient Providers**

Drug Medi-Cal is driven by medical necessity. Medical necessity must be established at intake for NTP, and within 30 days for ODF, intensive IOP, and Perinatal services. Medical oversight by a physician is required.

All clinical charting will follow Title 22 & Title 9 DMC regulations.

Outpatient treatment service protocols need to be adhered to and clinicians/counselors must use the best clinical standards of practice when providing treatment services based on the individual biopsychosocial needs of the clients.

**Required Medi-Cal documentation:** signed authorizations, intake, assessment, health screening, treatment planning, progress notes and discharge planning.

**\*For NTP, the documentation and billing for counseling services should be in ten minute increments.**

#### Group:

- Group treatment remains the preferred treatment in ODF modality, based on individual client needs.
- The length of treatment sessions will continue to adhere to Title 22 & Title 9 DMC reimbursed up to 90 minutes for groups (clinical needs may dictate shorter or longer sessions).
  - Title 22 & Title 9 DMC groups must have no less than four and no more than ten clients. Only one client needs to be a Medi-Cal beneficiary to receive reimbursement for the service. DMC clients shall receive at least 2 counseling sessions per 30 days.

**\* Narcotic Treatment Program - Title 9 requires a minimum of 50 minute counseling sessions for each client per month.**

**\* IOP – minimum of 9 hours per week of OP counseling. It will be recorded as day treatment.**

## PROCEDURE

### Individual:

- The Title 22 & Title 9 DMC individual sessions are reimbursed up to 50 minutes (clinical needs may dictate shorter or longer sessions).
- Types of allowable services for individual counseling specific to DMC services includes Intake, Assessment (initial/follow-up), Treatment Planning, Crisis Intervention, Collateral and Discharge Planning.
- A Progress notes must reflect service entries.
- Treatment planning sessions for DMC are related to the development of a new or updated treatment plan. Case management may be captured in the clinical record and entered into the County electronic record keeping system, but cannot be reimbursed at this time.
- Crisis Intervention is limited to stabilizing an actual relapse or unforeseen event which represents an imminent threat of relapse.
- Collateral services include “significant persons” in the life of the client, such as family members, and have a personal, but non-professional relationship with the client.
- Discharge Planning requires developing a written discharge plan face to face with the client. Progress notes should reflect and describe the discharge session.
- Per DMC regulations, a combination of claimed services provided in the same day could include one group and one individual session or two different types of individual services per day (at least one being a crisis or collateral). No more than two claimed services per day are allowed under DMC rules.

**Note: The ADP 7700 form is still required for a DMC same day second service, to be eligible for reimbursement.**

- Medi-Cal services can be claimed at a site that is Department of Health Care Services (DHCS) certified as a substance abuse treatment clinic or satellite site.
- **For DMC cases, close coordination of treatment services between the Provider and administrative staff will be critical to ensure adherence to DMC (Title 22 & Title 9) regulations, because the client’s healthcare coverage may change throughout the course of treatment.**