

Sample TCP Narrative Summary for Jayson

Jayson is a 20 year old man who identifies as African American. He grew up in a multicultural environment and feels comfortable in many settings. He has supportive parents and is an only child. Jason is a bright, well spoken man who excelled in high school both academically and in sports. He states that he has always wanted to become an engineer like his father. His strengths include his strong motivation, spirituality and family and church supports.

Jason came home from College about 3 months ago stating that he felt he just wasn't ready and couldn't keep up with the work. He stayed close to home and seemed to have little interest in doing anything outside of the house. Jason was recently hospitalized for the first time after his mother brought him to the emergency room because he was very agitated and yelling at what he describes as "demons" living in his room. Jason is frightened by the demons and wants them to leave, however he feels powerless to make them do so. The father reluctantly told the hospital social worker that he has an uncle in his family who has a history of mental illness and long-term hospitalization

He states that the demons began coming to him while he was living with his Auntie. At the age of 16 he moved to live with his Auntie Mary due to a family financial crisis where his father lost his well-paying job in the Silicone Valley. He now reports that it was during that time he began to use "X" and during his time away at college he experimented with many other street drugs like LSD and "shrooms". Although his parents separated in the midst of this family crisis, but remain married and supportive of each other and Jason, Jason has not been able to get over the loss that this represented for him and believes he caused the break-up but doesn't know why. Jason returned home to his mother's house after Auntie Mary called to tell her she could not manage Jason because he was spending all of his time in bed, "staring at the walls". Jason was placed on Risperidol while in the hospital but does not want to take the medications because they "dull his mind".

It appears that Jason has experienced a great loss due to his belief that he is a failure because he was unable to finish college and has no contact with his friends from high school. He has effectively lost his future and sees no way to recapture it. He is convinced that his problems are related to an outside evil force and that he has no control over what happens to him.

Jason is in the pre-contemplative stage; he seems unable to accept the possibility that he has a psychiatric illness, nor abuse of drugs, with the potential to negatively impact his future if he does not receive adequate treatment. He would like the demons to go away so that he can get on with his life and go back to college to get his degree in engineering. While Jason has some biological predisposition to psychosis, his problems at this time seem to be complicated by his drug use and his own internal conflict/stress regarding his family's collapse. At this point in time, recommended services would include pharmacotherapy and intensive engagement strategies including discussion about his aspirations and psycho-educational interventions. Due to his intellect he may respond well to research based information. It is also recommended that Jason work very closely with his psychiatrist to find a medication that he finds helpful while not dulling his mind.