



# SENATOR JIM BEALL

## SB 803 Peer Support Specialist Certification Act of 2020

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### BACKGROUND

A peer is a person who draws on lived experience with mental illness and/or substance use disorder and recovery, bolstered by specialized training, to deliver valuable support services in a mental health and/or substance use setting.

The COVID-19 pandemic and economic downturn pose a serious threat to the mental health of Californians. Calls to suicide prevention lines from California were up 40 percent in March. Calls to the Substance Abuse and Mental Health Services Administration's disaster distress hotline increased 891 percent from March 2019 to March 2020. 891 percent. The need for mental health response will continue to grow even as the state of emergency subsides. The sharp rise in mental health disorders triggered by COVID-19 is likely to linger long after the end of the pandemic itself. For some people, it will create enduring mental health issues.

### THE ROLE OF PEER SUPPORT

Studies demonstrate that use of peer support specialists in a comprehensive mental health or substance disorder treatment program helps reduce client hospitalizations, improve client functioning, increase client satisfaction, alleviate depression and other symptoms, and diversify the mental health workforce. That's why 48 other states have adopted peer certification programs. They have established clear, basic standards for peer training and they get a federal match for the services. California is behind and needs to catch up.

The pandemic is revealing racial and economic disparities that have long existed. The peer workforce tends to be more diverse than the existing behavioral health workforce. Peers play a unique role that no other provider type can. They are trusted community members who have been through crisis and can guide others. They can serve the most pressing needs, such as supporting individuals who are homeless or struggling with navigating care systems, because they have been there.

Peer support can divert people from emergency services and ensure patients receive a continuum of care, saving substantial costs of treatment and improving health

outcomes. Research shows that peers contribute to the ability of people with mental illness and substance abuse to obtain education and employment, contributing to the California economy rather than depending on social safety nets alone.

Federal agencies such as CMS and SAMSHA, and prestigious organizations like the Institute of Medicine have identified services offered through a certified peer specialists as being valuable and effective. While increasing consumer wellness, the use of peer specialists decreases costs. Data shows a clear return on investment when peers are part of the mental health system.

### STATEWIDE CERTIFICATION

Statewide certification would ensure quality, standardization, and effectiveness of peer support services and allow federal dollars to be drawn down for any California county that chooses to opt-in to the program.

In 2007, the federal Centers for Medicare and Medicaid issued guidance for the reimbursement of peer services. Under the guidance, peer services are eligible for federal reimbursed upon the adoption of statewide training and certification standards.

Currently California has no uniform education and training standard for behavioral health peer support services and no peer services-specific Medi-Cal billing codes.

### THIS BILL

SB 803 establishes a statewide certification program for peer support specialists and provides the structure needed to maximize the federal match for peer services under Medi-Cal. California counties can elect to opt-in to the program to provide certified peer support specialist services in their county. The program defines the range of responsibilities and practice guidelines for peer support specialists, specifies required training and continuing education requirements, determines clinical supervision

requirements, and establishes a code of ethics and processes for revocation of certification.

Finally, the bill would allow peers to practice in any county in the state, whereas currently peers may only practice in the county where they are certified.

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## FOR MORE INFORMATION

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## SPONSORS

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California Association of Mental Health Peer Run Organizations (CAMHPRO)  
County Behavioral Health Directors Association of California (CBHDA)  
County of Los Angeles Board of Supervisors  
Steinberg Institute

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## SUPPORT

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2020 Mom  
Alameda County District Attorney  
Alum Rock Counseling Center  
American Foundation for Suicide Prevention (AFSP)  
American Nurses Association/California  
Arc and United Cerebral Palsy California Collaboration  
Association of California Healthcare Districts  
Association of Community Human Service Agencies (UNREG).  
Bay Area Community Services  
BestNow, Alameda County Network of Mental Health Clients  
Board of Behavioral Sciences  
Cal Voices  
California Access Coalition  
California Alliance of Child and Family Services  
California Association of Healthcare Districts  
California Association of Alcohol and Drug Program Executives, Inc. (CAADPE)  
California Association of Local Behavioral Health Boards & Commissions (CALBHB/C)  
California Association of Public Hospitals & Health Systems  
California Association of Social Rehabilitation Agencies  
California Association of Veteran Service Agencies  
California Behavioral Health Planning Council  
California Chapter of the American College of Emergency Physicians (California ACEP)  
California Commission on Aging  
California Consortium of Addiction Programs and Professionals  
California Council of Community Behavioral Health Agencies (CBHA)

CaliforniaHealth+ Advocates  
California Judges Association  
California Mental Health Advocates for Children and Youth  
California Mental Health Services Oversight and Accountability Commission (MHSOAC)  
California Pan-Ethnic Health Network  
California Psychiatric Association  
California Psychological Association  
California School Nurses Association  
California State Association of Counties  
California Youth Empowerment Network  
Children Now  
Children's Defense Fund-California  
Community Research Foundation  
County Behavioral Health Directors Association  
County of Santa Clara  
County of Ventura  
Crestwood Behavioral Health  
Depression and Bipolar Support Alliance  
Disability Rights California  
Juvenile Court Judges of California (JCJC)  
Law Foundation of Silicon Valley  
Los Angeles County Chief Executive Office  
Local Health Plans of California  
National Association of Social Workers, California Chapter (NASW-CA)  
Mental Health America of California  
Mental Health America of Los Angeles  
National Alliance on Mental Illness (NAMI) California  
National Alliance on Mental Illness (NAMI) Fresno  
National Alliance on Mental Illness (NAMI) Santa Clara County  
National Alliance on Mental Health (NAMI) Solano County  
National Alliance on Mental Illness (NAMI) Yolo County  
National Association of Social Workers, California  
Occupational Therapy Association of California (OTAC)  
Orange County Board of Supervisors  
Peers Envisioning and Engaging in Recovery Services (PEERS)  
Project Return Peer Support Network  
Santa Clara Family Health Plan  
Santa Clara County Board of Supervisors  
California State Council of the Service Employees International Union (SEIU California)  
Seneca Family of Agencies  
Solano County Mental Health Advisory Board  
The Children's Partnership  
Transitions-Mental Health Association  
United Parents  
Ventura County Board of Supervisors  
Vinaj Telosity  
Western Center on Law & Poverty, Inc.  
Women's Wisdom Art